



## **Board of Directors Meeting**

September 17, 2025 - Virtual

6:00 p.m. – 7:30 p.m.

**Board Participants:** Molly Hong, Kristin Larson, Farion Williams, Michael Luce, Tobe Harberd, Jessica Bloom, Julia Hamilton, Laramie Lunday, Jennifer Maxwell, Emily Crose, Patricia Egwuatu, Zoe Bartynski, Russell Maier, Kym Clift (on the call until 7:00 p.m.), Rachel Wood

**Absent:** Po-Shen Chang, Hang Chau, Natalia Luera

Also attending:

Staff: Kim McCaulou

### **Call to Order at 6:00 pm**

Dr. Hong welcomed the board, asked attendees to introduce themselves, and reviewed the agenda. After introductions and an opportunity to declare conflicts of interest, Dr. Hong asked attendees to review the materials in the consent agenda.

### **Consent Agenda**

The consent agenda included the items bulleted below. Dr. Hong asked for extractions or questions and, hearing none, asked for a motion to approve the consent agenda.

- Board Minutes, Jan. 7, 2025 (approve)
- EC Minutes, March, and July 2025 (accept)
- FY 25 Financial Reports (accept)
- Team Updates, Jan. - Aug. 2025 (accept)

**Motion** to approve the consent agenda. Second. Motion passed without objection.

### **Strategic Plan – Updates from the Academy**

The Academy conducted strategic planning on Sept. 5 and 6. Molly asked those who attended, particularly Jessica Bloom and Jennifer Maxwell, to share their impressions of the Academy meeting and to comment on both the process and the conclusions. In addition to emphasizing the compelling story of family medicine, how Washington could be an attractive state to physicians frustrated with other state policies, and the Academy's continued focus on public health, Drs. Bloom and Maxwell highlighted the importance of the Foundation's support of the pathways to family medicine.

### **Emerging Opportunities Giving**

Kristin Larson drew attention to the Foundation's past use of TBD (i.e., flexible) funds. Emerging opportunities sponsored with these flexible funds in recent years have included sending residents to the WSMA leadership conference; providing targeted grants for residencies in underserved populations (e.g. buying equipment); supporting actions inspired by the current year's HOD resolutions; providing food to attendees at a Rural FM panel; and supporting local public health jurisdictions.

## **Annual Giving**

The board discussed currently budgeted awards and grants after an overview by Dr. Harberd. The group considered each of the budgeted items and discussed the following questions:

1. Which scholarships/awards are impactful and relevant?
2. How can we refine our giving?
3. Should we encourage specific school performance (e.g., match into FM)?
4. What are other opportunities and which awards – if any - should we consider retiring?

Comments raised by the group included the following:

- Importance of facilitating student engagement (i.e., to FUTURE, the retreat, national events and conferences) to demonstrate the breadth of family medicine. Noted that more students are making their decisions in their 3<sup>rd</sup> and 4<sup>th</sup> years.
- Recognition that students want student:physician connection early on, with the idea that the Foundation encourages student involvement in local chapters.
- Review of the schools' match rate and the recognition that Washington's schools' match rates are relatively high.

With additional ideas to:

- incentivize schools with AAFP/WAFP membership rates,
- provide incentives to be a preceptor,
- offer a needs-based scholarship for rotation scholarship,
- help with cost of match process, and
- offer Family Med stories for the journal

## **Resolution Support**

Farion Williams briefly recapped how the Foundation works to support actions coming from HOD resolutions.

## **Planning**

The group discussed January 10 as a reasonable next meeting date. K. McCaulou to confirm.

With the agenda completed,

**Motion** to adjourn made and seconded. Motion passed without objection. Meeting adjourned at 7:45 p.m.



## Board of Directors Meeting

January 10, 2026 - Virtual  
8:30 am – 10:00 am

**Board Participants:** Molly Hong, Kristin Larson, Farion Williams, Michael Luce, Tobe Harberd, Jessica Bloom, Julia Hamilton, Jennifer Maxwell, Emily Crose, Zoe Bartynski, Russell Maier, Rachel Wood, Po-Shen Chang, Hang Chau

**Absent:** Laramie Lunday, Patricia Egwuatu, Kym Clift

**Also attending:** Natalia Luera

Staff: Kim McCaulou, Alyssa McEachran

### Call to Order at 8:30 am

Dr. Hong welcomed the board, asked attendees to introduce themselves, and reviewed the agenda. After introductions and an opportunity to declare conflicts of interest, Dr. Hong asked attendees to review the materials in the consent agenda.

### Consent Agenda

The consent agenda included the items bulleted below. Dr. Hong asked for extractions or questions and, hearing none, asked for a motion to approve the consent agenda.

- Board Minutes, Sept. 2025 (approve)
- EC Minutes, Nov. 2025 (accept)
- Team Updates, Sept. – Dec. 2025 (accept)
- Awards and Grants Chart (accept)

**Motion** to approve/accept the consent agenda. Second. Motion passed without objection.

### Finance

Dr. Luce directed the board's attention to the draft 990, explaining that the Foundation files the form to satisfy the annual tax disclosure requirements. After a brief overview, he asked for questions and then invited a motion to approve the 990 for filing.

**Motion** to approve the 990 for filing made and seconded. Motion passed without objection.

Dr. Luce then discussed the option of moving the Foundation's investments to the AAFP pooled funding investment account. The Academy will vote on this same option at its board meeting next week. After discussion, noting that the investments (Academy and Foundation) should move together to maximize operational efficiencies, he asked for questions and then invited a motion to approve moving the investments and approve the language of the draft board resolution on the same topic.

**Motion** to authorize the transfer of the Foundation's investment assets from Merrill Lynch to the AAFP Pooled Investment Fund, contingent upon the Academy's decision to move its own investment

portfolio to the AAFP Pooled Investment Fund at its upcoming, January 14, Board meeting. Should the Academy approve such a transition, the Foundation's officers and Executive Director is empowered to take all necessary actions to complete the transfer in alignment with the Academy's timeline and investment strategy. Approved and seconded. Motion passed without objection.

**Motion** to approve the related board resolution. Seconded. Passed without objection.

Dr. Hong introduced that the Academy may request a redirection of the Foundation dues assessment to the Academy – first at ½ the rate for one year and then at the full rate for two years thereafter. She recapped her discussion with Academy leadership and noted the necessity of the move to rebuild the Academy's reserves.

Related to that topic, Dr. Luce and Dr. Hong then asked the board to consider the draft FY27 budget, noting it did not anticipate a reduction in the dues assessment. The board discussed the choices of approving the draft budget shown in the board packet, which is like the current year's budget to retain giving for FY27 or taking a more assertive reduction for FY27. The board discussed the use of Foundation funding for the medical schools and agreed maintaining current funding for the schools/FMIGS is a priority this year when other funding sources are contracting.

The board continued discussion about how to adjust to this potential change by noting it has strategic planning in 2026, will consider fundraising options (including grants and contributions), and will engage in strategy sessions with the Academy. The board raised the immediate idea to push for contributions at the 2026 House of Delegates and to promote contributions in the Journal.

**Motion** to approve the FY27 budget as submitted. Seconded. Passed without objection.

### **Committees**

Committee chairs and participants next outlined next steps for their committees:

Nominating: Dr. Williams is reviewing the board's openings and needs. He plans to reach out to members invited to renew their terms and then schedule a committee meeting soon.

Scholarships and Awards: Dr. Harberd noted that applications for scholarships and awards are open and the Foundation is receiving applications. The committee will meet as needed in the next few months to make decisions.

Student and Resident Retreat: Emily Crose updated the board on the student and resident retreat scheduled for January 24-25 in Leavenworth.

### **Funding**

Request for Proposal form: Dr. Chau introduced the process for the medical school Request for Proposal (RFP) and noted the current giving of \$30,000 per school. She invited additional conversation about the potential budget for the funding year July 1, 2026 – June 30, 2027 to ensure deep consideration. The group confirmed the funding should be offered at \$30,000 per school, with a communication of the likely reduction of the funding in the upcoming years.

Dr. Chau asked for discussion about the priorities outlined in the RFP; the Foundation will send the RFP with any revisions in the next few weeks. The group discussed and determined:

- M3 and M4 continue to be a focus
- Opportunities for students to experience rural experiences is a priority.

In addition to these ideas for the RFP, the group discussed the potential to attract out of state physicians and to include residents in the training of students.

WRHP Request: Dr. Harberd introduced an ad hoc request to fund a Medication Abortion Mentorship program. Request is for \$8,100 in the July 2026 – June 2027 funding year. To give members more time to consider the request, K. McCaulou will email the proposal to the board with a survey option for voting, offering at least five days for email discussion.

### **Planning**

Dr. Hong reminded members to join the Academy board meeting on January 14, 2026 for board training: Leading with Respect: Practical Inclusive Behaviors for Physician Leaders.

With the agenda completed,

**Motion** to adjourn made and seconded. Motion passed without objection. Meeting adjourned at 10:15 a.m.