

Saturday, January 24, 2026			
10:00 – 10:30 AM	Arrival/Registration <i>Tumwater Foyer</i>		
10:30 – 10:45 AM	Welcome/Orientation: Student & Resident Trustees <i>Tumwater Ballroom</i>		
10:45 – 11:00 AM	<i>Break/transition</i>		
11:00 AM – 12:30 PM	Headache Hacks: Discover How Osteopathic Manipulation Can Clear Your Mind Dr. Katina Rue	Paracentesis, Injections, and Suturing: A Hands-On Family Medicine Workshop Dr. Mark Johnson	Motivational Interviewing: A Contextual Spin Dr. David Bauman
12:30 – 12:45 PM	<i>Break/transition</i>		
12:45 – 1:45 PM	Lunch & Keynote Speaker: Dr. Manriquez		
1:45 – 2:00 PM	<i>Break/transition</i>		
2:00 – 3:00 PM	Palliative Care for Family Physicians Dr. Gregg VandeKieft	Papaya Workshop: Uterine Aspiration Procedure Dr. Nikki Shah Dr. Carolina Burgos	The "Weight" is Over: A Fresh Look at Patient-Centered Care with Weight-Inclusive Care Dr. Julia Hamilton Dr. Rosemary Cotter
3:00 – 3:15 PM	<i>Break/transition</i>		
3:15 – 4:45 PM	LGBTQIA2S+ Care is Primary Care Dr. Jamie Bowman	Physician Legal Encounters, Law in Healthcare Stephen Lamberson, JD	Basic Obstetric Procedures for Medical Students Dr. Michelle Richards
4:45 – 5:00 PM	<i>Break/transition</i>		
5:00 – 8:00 PM	Social Hour, Dinner, and Discussion Beverages, dinner, and conversation <i>Tumwater Ballroom</i>		
8:00 PM	Break for day Evening free Explore town		

Sunday, January 25, 2026			
	Breakfast: included in your hotel stay <i>J.J. Hills Fresh Grill – adjacent to lobby</i>		
8:00 – 9:00 AM	Panel Practice Settings		
9:00 – 9:15 AM	<i>Break/transition</i>		
9:15 – 10:15 AM	Make a Rash Decision: Shave biopsy workshop Dr. Matt Perez	Transitioning from Residency to Practice Dr. Rodney Anderson	Humanism in Medicine Dr. Katine Rue
10:15 AM	Adjourn Check out at the Tumwater Foyer to receive your departure gift		