

# Introduction to Adult Gender Affirming Hormone Therapy

Friday, November 15, 2024

Live, Virtual Broadcast from 9 a.m. – 5 p.m. Pacific Time (PT)



[Register online](#)

This CME training will provide clinicians the foundations needed to provide hormone therapy through an informed consent model to gender diverse and transgender adults. The content will cover options for patients who wish to pursue testosterone and estradiol therapies.

*Advanced registration is required for this session. This education is free to view only, but there will be a small fee if you would like CME credit hours and/or AAFP Prescribed Credits. The link to sign up for CME will be provided after initial registration. There will also be an optional 2 hour follow-up Q&A session available on the following Friday, November 22, 2024 from 1 -3 p.m. PT that you can sign up for via the same registration link above.*

## Intended Audience

The course content is intended for all healthcare professionals including physicians, ARNPs, PAs nurses, allied health professionals, medical students, and residents/fellows who encounter LGBTQIA2S+ patients in their practice. It is especially recommended for those who provide primary care, internal medicine, pediatrics, geriatrics, and obstetrics and gynecology.

## Course Objectives

By attending this course, participants will provide better patient care through an increased ability to:

- Discuss how to create an inclusive healthcare environment for transgender and gender diverse patients
- Provide testosterone hormone therapy to adult transgender and gender diverse patients seeking testosterone therapy
- Manage complications patients may face when starting testosterone therapy for gender affirming care
- Outline estradiol hormone therapy with/without androgen blockade to adult transgender and gender diverse patients seeking estradiol therapy with/without androgen blockade
- Manage complications patients may face when starting estradiol therapy for gender affirming care
- Provide hormone therapy to adult transgender and gender diverse patients who identify as nonbinary or those who wish to have a tailored regimen

## Accreditation with Commendation

Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## AMA PRA Category 1 Credits™ - For each session

Swedish Medical Center designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Faculty**

Kevin Wang, M.D., Medical Director, Swedish LGBTQI+ Program

*All times listed below are in Pacific Time (PT)*

**Agenda:**

**Part 1 Testosterone**

- 9 a.m. PT      Nonclinical competency training (*required to be listed on Swedish's transgender health website if you're a Swedish-employed clinician*)
- 10:15 a.m.    Adult testosterone hormone therapy
- 11:15 a.m.    Break
- 11:30 a.m.    Common complexities in testosterone therapy
- 12:15 p.m.    Q&A
- 12:30 p.m.    *Lunch Break*

**Part 2 Estradiol**

- 1 p.m. PT      Adult estradiol/androgen blockade therapy
- 2:15 p.m.      Common complexities in estradiol therapy
- 3:15 p.m.      Break
- 3:30 p.m.      Adult nonbinary hormone therapy
- 4:30 p.m.      Q&A
- 5 p.m.          Adjourn

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