Perinatal Psychiatry Consultation Line

Providing telephone consultation to healthcare providers caring for women with mental health needs during pregnancy and postpartum

(206) 685 – 2924

Weekdays from 3-5 PM

Who can call the Perinatal Psychiatry Consultation Line?
Any health care provider in Washington State.

What kinds of questions can I call about?
We can consult on any mental health-related questions for patients who are pregnant, in the first year postpartum, or who have pregnancy-related complications (e.g. pregnancy loss, infertility). Topics may include:
• Depression, anxiety, or other psychiatric disorders (e.g., bipolar disorder, post-traumatic stress disorder)
• Adjustment to pregnancy loss, complications, or difficult life events
• Risks of psychiatric medications
• Non-medication treatments

What services do we offer?
• Telephone consultation and recommendations
• Referrals to community resources

Who provides telephone consultation?
Faculty members in the UW Department of Psychiatry and Behavioral Sciences with expertise in perinatal mental health.

How do I call?
Call 206-685-2924 and leave your name and phone number. We respond to calls Monday through Friday between 3-5 PM, usually within one working day.

For more information, contact:
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