62nd House of Delegates
May 9, 2019

70th Annual Scientific Assembly
May 10-11, 2019
Coeur d’Alene Resort, Coeur d’Alene, ID
Join the WAFP for its 2019 Annual Meeting on May 9-11, 2019, at the Coeur d'Alene Resort in Idaho. Network with 150 to 200 family physicians and other primary care providers, and take advantage of continuing medical education, scientific updates and practice transformation strategies designed specifically for family medicine.

**YOU’LL ENJOY:**

- Evidence-based CME sessions (up to 36.5 prescribed credits available)
- Reconnecting with family medicine colleagues from around the state
- An environment free of pharmaceutical company marketing
- WAFP’s Annual Banquet and Foundation Auction
- A family-friendly event at the world-renowned Coeur d’Alene Resort
- Assembly agenda developed by your colleagues with a focus on clinically relevant, evidence-based, practical education

**Schedule of Events**

**62nd House of Delegates • May 9**

**Conference Highlights**

**Friday**

12:00 – 1:30 pm
Student/Resident scholarship award presentations,
Lunch Presentations: WA Secretary of Health John Wiesman

6:00 – 7:00 pm
Evening Reception and WAFP Foundation Silent Auction

7:00 – 10:00 pm
WAFP Annual Banquet & Live Auction, Installation of Officers,
Family Physician of the Year and Family Medicine Educator of the Year Awards

**Saturday**

12:00 – 1:30 pm
Lunch Presentation & AAFP Degree of Fellow – Fellowship Convocation Ceremony

Ada Stewart, MD, FAAFP, AAFP Board Member officiating

**Wednesday, May 8 | Board of Directors**

6:00 pm  Reception
6:30 – 9:00 pm  Dinner/Board Meeting

**Thursday, May 9 | House of Delegates**

7:00 – 8:00 am  Breakfast/New Delegate Orientation/Reference Committee Member Orientation
8:00 – 9:30 am  1st Session
9:30 – 11:45 am  Reference Committees
12:00 – 1:30 pm  House of Delegates Lunch Medical Schools Update
1:30 – 2:00 pm  WAFP Foundation Meeting
2:00 – 5:00 pm  2nd Session
6:00 – 9:00 pm  Family Fun Night
Friday, May 10 | Annual Scientific Assembly

8:00 – 9:00 am  Mead Lecture: Family Medicine Advancing Health Equity
Danielle Jones, MPH, Manager, Center for Diversity &
Health Equity, AAFP

9:00 – 9:45 am  Moving from ‘Maybe’ to ‘Yes!’:
Effectively Addressing Vaccine Hesitancy
John Merrill-Steskal, MD

10:15 – 11:00 am  USPSTF Changing Guidelines
David Grossman, MD, MPH

11:00 am – 12:00 pm  Pediatrics: Childhood Obesity
Nalini Gupta, MD

11:00 am – 12:00 pm  STUDENT & RESIDENT TRACK 1
Welcome/Orientation Session

12:00 – 12:30 pm  Friday Lunch and Student/Resident Awards

12:30 – 1:30 pm  Presentation: Public Health Update in WA
Secretary John Wiesman, DrPH, MPH
WA State Secretary of Health

1:45 – 3:15 pm  WORKSHOP A: Nutrition Demonstration Hypertension:
How to Enhance Flavor Without Added Sodium
Ann-Marie Gloster, PhD, MPH & Andrea Benson,
Executive Chef, UW (Additional Fee of $25)

WORKSHOP B: Osteopathic Manipulation:
Treatments for Acute Pain
Jaime Klippert Fajardo, DO

WORKSHOP C: E-Cigs and other Electronic Nicotine
Delivery Systems: Mostly Threat, or Mostly Opportunity?
Dave Cundiff, MD, MPH

STUDENT & RESIDENT TRACK 2: Problematic Language in
Medicine and How it Connects to Bias
Luis Manriquez, MD

1:45 – 5:00 pm  ABFM Knowledge Self-Assessment 1: Well Child Care
Pamela Pentin, MD, FAAFP

3:45 – 5:15 pm  WORKSHOP D: Transitions of Care for Incarcerated
Patients Returning to the Community
Laura Morgan, MD

WORKSHOP E: Innovative Methods of Capturing
Revenue Details
Christine Palermo, MD

WORKSHOP F: Clinical Guideline Recommendations for
the Diagnosis and Treatment of Posterior Canal BPPV
Anne Merrill-Steskal, PT, DPT

STUDENT & RESIDENT TRACK 3: Immigrant Healthcare
and the Family Physician
Richard Kovar, MD, FAAFP
## Schedule of Events
### 70th Annual Scientific Assembly · May 10-11

### Saturday, May 11 | Annual Scientific Assembly

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 – 8:45 am</td>
<td>The Medical Management of Obesity</td>
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<td>H. Kennedy Cathcart, DO</td>
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<tr>
<td>8:45 – 9:30 am</td>
<td>Medical Aid in Dying</td>
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<td>Gregg VandeKieft, MD, MA, FAFP &amp; Denise Hess, MDiv, MA</td>
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<td>9:30 am – 12:30 pm</td>
<td>ABFM Knowledge Self-Assessment 2: Hypertension</td>
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<td>Lydia Bartholomew, MD, MHA, FAFP</td>
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<td>10:00 – 11:15 am</td>
<td>WORKSHOP G: Top 10 Pearls in Obstetrics Care</td>
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<td>Megan Guffey, MD, MPH, FAFP</td>
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<td>WORKSHOP H: Pediatrics: Childhood Obesity</td>
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<td>Nalini Gupta, MD</td>
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<td>WORKSHOP I: Teaching Medical Students While Maintaining Joy and Efficiency</td>
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<td>Jeanne Cawse-Lucas, MD; Jeff Haney, MD; &amp; Brandon Isaacs, DO, FAFP</td>
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<tr>
<td>10:00 am – 12:30 pm</td>
<td>WORKSHOP J: Adverse Childhood Experiences – How Family Physicians Can Impact the Community to Effectuate Change</td>
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<td>Ned Hammar, MD &amp; Matt Layton, MD</td>
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<td>11:15 am – 12:30 pm</td>
<td>WORKSHOP K: Virtual Medicine Visits and Utilizing Artificial Intelligence in Patient Care</td>
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<td>Amanda Cuda, MD, MPH</td>
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<td>WORKSHOP L: Nutrition: Evidence for Anti-inflammatory Diets</td>
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<td>Gary Craig, MD</td>
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<td>WORKSHOP M: Identity Signs activity; Deep Dive Conversations on Diversity and Intersectionality</td>
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<td>Danielle Jones, MPH</td>
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<tr>
<td>12:30 – 2:00 pm</td>
<td>Lunch &amp; AAFP Degree of Fellow Convocation</td>
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<tr>
<td>12:50 pm</td>
<td>AAFP Degree of Fellow Convocation</td>
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<td>Ada Stewart, MD, FAFP, AAFP Board Member, Officiating</td>
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<tr>
<td>1:00 – 2:00 pm</td>
<td>Presentation: Student Athlete Pre-Participation Screening (Cardiac Focus)</td>
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<td>Jonathan Drezn, MD</td>
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<tr>
<td>2:00 – 5:00 pm</td>
<td>ABFM Knowledge Self-Assessment 3: Heart Failure</td>
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<td>J. Mark Beard, MD, FAFP</td>
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### Accreditation
Application for CME credits has been submitted to the American Academy of Family Physicians. Determination of credit is pending.

Credits for completing ABFM Knowledge Self-Assessments (KSAs) are issued directly by the American Board of Family Medicine and are reported by ABFM to the AAFP. The Knowledge Assessment portion is completed onsite in KSA workgroups, and you have 12 months to complete the Clinical Simulation online at www.theabfm.org. The clinical simulation corresponding to the KSA is no longer required, it is optional for additional points. Participants will be awarded 10 points toward maintenance of certification and 8 CME credits upon completion of each KSA session.

### Online Registration
**http://wafp.net**
The Coeur d’Alene Resort

115 South Second St.
Coeur d’Alene, ID 83814
Phone: 800-365-8338
Reservations: 888-965-6542
www.cdaresort.com

The Coeur d’Alene Resort, the spectacular “Playground of the Pacific Northwest,” is a world-renowned destination overlooking a stunning alpine lake in a quaint, friendly downtown lakeside atmosphere. A Condé Nast Traveler – Readers’ Choice Award, 2018

Your reservation includes access to the indoor pool & fitness center, daily newspaper, use of water taxi to golf course, tennis courts and private beach. The Coeur d’Alene Resort is located steps away from famous Sherman Avenue and downtown Coeur d’Alene.

A WAFP conference rate of $139 (North Wing room)/$169 (Park Tower room) plus tax has been arranged for attendees, effective May 8-11, 2019 (Lake Tower & Penthouse rooms are $199). Please call the Coeur d’Alene Resort directly at 888-965-6542 and mention WAFP or make your reservation online. The rate is guaranteed through April 8; reservations made after that date are subject to availability and current prices.

EARLY RESERVATIONS ARE STRONGLY RECOMMENDED.

Child Care/Activities:

Timberline Zipline Adventures (for kids 7 & up): https://www.ziptimberline.com

Silverwood Theme Park (Open May 11-12): http://www.silverwoodthemepark.com/tickets/

Babysitting Service: Available through concierge (For children 2 and older, reserve minimum 48 hours in advance; $20 per hour up to two kids and $8 for each additional child per hour.)

Lactation room available

Travel

Driving: The Coeur d’Alene Resort is easy to reach by automobile via Interstate 90 (Exit 11) or Highway 95 (Northwest Blvd). From the exit, follow the directions to downtown and watch for the Resort on your right. Coeur d’Alene is 33 miles from Spokane, 311 miles from Seattle, 385 miles from Bellingham, 351 miles from Olympia, 234 miles from Yakima, 175 miles from the Tri-Cities and 195 miles from Wenatchee. Overnight self-parking rate of $18 is available for guests staying at the Coeur d’Alene.

By Air: Spokane International Airport (GEG) – The Coeur d’Alene Resort is located 40 minutes east of the Spokane International Airport, offering non-stop or one-stop access from most major US cities. Airport Transportation Options: Rental Cars, Airport limousine service (call resort to make reservations), Taxi/Shuttles
REGISTRATION INFORMATION

First Name                      Last Name                      Title

Name listing for Badge          AAFP ID#

Address                        City, State, Zip

Phone                          E-mail

Dietary Requests:  □ Vegetarian  □ Gluten-free  □ No Preference

Need lactation room:  □ Yes  □ No

I PLAN TO ATTEND:  (mark all that apply)

☐ BOARD OF DIRECTORS  ☐ Wednesday, May 8, 6:00 PM  ☐ Friday, May 10, 6:30 AM

☐ HOUSE OF DELEGATES, Thursday, May 9  (Breakfast & Lunch included)

Attending as:  □ Delegate  □ Alternate Delegate  □ WAFP Board member

Local Chapter: ____________  □ WAFP Member  □ Other: ______________

House of Delegates Family Fun Night, Thurs., May 9, 6:30 – 9:30 p.m.

Delegates, Alt. Delegates and family members:  No Charge  x _______  =  $ N/C

Non-Delegates & Guests:

adults:  $40  x _______  =  $________

Children 6-12 yrs:  $20  x _______  =  $________

☐ ANNUAL SCIENTIFIC ASSEMBLY, Fri. – Sat., May 10-11

(Includes Mead Lecture, Plenary Sessions, Workshops, & Fri./Sat. Breakfast & Lunch)

<table>
<thead>
<tr>
<th>Registration</th>
<th>Early Bird (by April 1, 2019)</th>
<th>Onsite</th>
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</thead>
<tbody>
<tr>
<td>AAFP/WAFP Member</td>
<td>$450</td>
<td>$500   = $________</td>
</tr>
<tr>
<td>1st Time Attendee (WAFP Members Only)</td>
<td>$350</td>
<td>$400   = $________</td>
</tr>
<tr>
<td>Student</td>
<td>$25</td>
<td>$25 (refunded w/attendance)  $50 = $________</td>
</tr>
<tr>
<td>Resident</td>
<td>$100</td>
<td>$75    = $________</td>
</tr>
<tr>
<td>Retired Member</td>
<td>$200</td>
<td>$200   = $________</td>
</tr>
<tr>
<td>Non-Member Physician</td>
<td>$550</td>
<td>$600   = $________</td>
</tr>
<tr>
<td>Allied Health Personnel</td>
<td>$375</td>
<td>$400   = $________</td>
</tr>
<tr>
<td>FAAFP Convocation Only</td>
<td>$50</td>
<td>$50    = $________</td>
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</tbody>
</table>

☐ I prefer a paper syllabus  $50 = $________

(Registration continued on next page)
WORKSHOP SELECTION (see catalog for details)

Fri 1:45-3:15  □ A – Nutrition Demonstration: Hypertension (Extra fee $25) = $________
□ B – OM: Treatments for Acute Pain
□ C – E-Cigs & Electronic Nicotine Delivery Systems
Fri 3:45-5:15  □ D – Transitions of Care for Incarcerated Patients
□ E – Innovative Methods of Capturing Revenue Details
□ F – Guidelines for the Diagnosis and Treatment of Posterior Canal BPPV

Student/Resident Track
□ 1 – Welcome Session – Fri. 11-12
□ 2 – Problematic Language in Medicine and How it Connects to Bias – Fri. 1:45-3:15
□ 3 – Immigrant Healthcare and the Family Physician – Fri. 3:45-5:15

Sat. 10-11:15  □ G – Top 10 Pearls in Obstetrics Care
□ H – Pediatrics: Childhood Obesity
□ I – Teaching Medical Students while Maintaining Joy & Efficiency

Sat. 10-12:30  □ J – Adverse Childhood Experiences – How Family Physicians can Impact the Community to Affect Change

Sat. 11:15-12:30  □ K – Virtual Medicine Visits and Utilizing AI
□ L – Nutrition: Evidence for Anti-inflammatory Diets
□ M – Identity Signs: Diversity & Intersectionality

KSAs — Knowledge Self-Assessments

ASA Registrants   KSA only or Non-members
□ Fri. May 13, 1:45 – 5:15   KSA 1: Well Child Care   $125   $200   =   $________
□ Sat. May 14, 9:30 – 12:30   KSA 2: Hypertension   $125   $200   =   $________
□ Sat. May 14, 2:00 – 5:00   KSA 3: Heart Failure   $125   $200   =   $________

□ ANNUAL BANQUET & FOUNDATION AUCTION, Friday, May 10, 6:00-10:00 PM
Including Family Physician Awards, Installation of Elected Leadership

Registraitst  $60/per person  x _________  =  $________
Resident/Student Members  $30/per person  x _________  =  $________
WAFP Foundation Donation (optional)  $________

□ GUEST MEAL REGISTRATION

Breakfast:  □ Thurs.  □ Fri.  □ Sat.   $20  x  _____  #guests  x  _____  #days  =  $________
Lunch     □ Thurs.  □ Fri.  □ Sat.   $30  x  _____  #guests  x  _____  #days  =  $________
Friday Banquet:  Adults $60  x  _____  #guests  Children $30  x  _____  #guests  =  $________

Guest Names:  __________________________________________________________

Guest Dietary Requests:  □ Vegetarian  □ Gluten-Free  □ No Preference

TOTAL: $________

PAYMENT METHOD (Credit card payments will be processed through PayPal)

□ Check enclosed for the amount of:  $___________________  □ Visa  □ MasterCard  □ Discover

Card Number  Expiration Date  3 or 4 Digit Security Code

Authorized Signature

Refunds are subject to a $75 charge. Notification of cancellation must be received in writing by April 8, 2019.
No refunds will be granted after April 9, 2019.